



ELDER-CENTRED COMMUNITIES

OUR COMMUNITY STRUCTURE

At Enliven we embrace the Eden Alternative. We put our elders at the heart of all we do and take every opportunity to bring companionship, spontaneity, fun, meaning and purpose into their lives.

As well as providing high quality clinical care, Enliven supports people to continue doing the things they love in a way that's right for them.

We strive to maintain, or return, the sparkle to the eyes of those we serve.

Enliven's organisational chart, as depicted here, shows the elders of our homes at the centre.

Here they have choice and control. The inner petals represent their family, friends and Enliven staff that support their wellbeing on a daily basis. Further petals are added representing those who also offer regular support to our elders and their home, while the leaves represent the wider organisation and community that surround them.

CREATING ELDER-CENTRED COMMUNITIES



Enliven creates elder-centred communities; places where older people have companionship, variety, fun, a sense of belonging, meaningful activity and purpose. Our homes and villages are unique and special places to live.

Our principles are based on the **Eden Alternative®** model of care:

1. The problem: loneliness, helplessness and boredom are the plagues of ageing.
2. The solution: creating an elder-centred community where close contact with animals, nature and people of all ages is part of everyday life.
3. Companionship is the antidote to loneliness; everyone deserves regular contact with friends or animal companionship.
4. The opportunity to give as well as receive care; this is the antidote to helplessness.
5. Our homes are full of variety and spontaneity. This is the antidote to boredom.
6. Meaningful activity and a sense of purpose keep our spirits alive.
7. Medical treatment is a partner in care.
8. Decision making is in the hands of the elders and those closest to them.
9. We continually grow, adapt and develop.
10. Wise leadership is needed to help create a thriving elder-centred community.